

# TRIADS



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**“A cord of three strands is not quickly broken”** — Ecclesiastes 4:12

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Part of what it means to be made in the image of the Triune God (Father, Son, Holy Spirit) is that *we were designed to live in relationships*. The New Testament is chockfull of verses that refer to our relationships with “one another”. Unfortunately, our overly busy, independent lifestyles work against the blessings of living in community with one another. If we’re going to recapture the design that God built into us at Creation, we have to be *intentional* about relationships.

Please consider this an invitation to form a *Triad* with two other people from our congregation. This “cord of three strands” will meet together *for the purpose of helping one another make Christ Lord of your lives and to be the people of God in the world*. We want *his* will to be done in our lives, as it is in heaven. This can only be accomplished by the grace of God and within the relationships that we have in the Body of Christ. Go ahead. Take the bull by the horns and ask two other people (of the same gender) to join you in a Triad! *It would be especially good if one of the three was a person who is struggling to stay connected with the rest of the Body*. Throw out a lifeline!

**When do we meet with our Triad?** That’s entirely up to you. Meet as often as you can. *Meeting once a week would be ideal*. Every other week would probably be the bare minimum. Meet in one another’s homes. Meet at a coffee shop or restaurant. Go for a walk together. Use internet technology...

**What do we do when we’re together?** It couldn’t be simpler. Here’s your three-part agenda:

1. **Study** – Pick any passage of Scripture. Talk about the passage’s details. Use Study Bible footnotes or other resources to understand any words or concepts that are unfamiliar to you. Always ask and answer these two questions:
  - What is God saying to me/us?
  - What am I/we going to do about it?
2. **Accountability** – James 5:16 instructs us to “confess our sins to each other”. There’s nothing like confession to gut sin of its power in our lives. If we’re going to grow up in Christ part of the process is to “put off your old self... and put on the new self...” (Ephesians 4:22-24) Whenever you get together as a Triad ask yourself and one another some hard questions about attitudes, behaviors and affections. If you want some help finding good questions search the internet for “John Wesley’s Holy Club Questions”.
3. **Pray** – Let’s call this our “3x3 Prayer Plan”. What we mean is that each of the three people in your Triad should choose three additional people for whom your Triad will be praying. Two of these should be people who don’t know Christ as their savior. When your Triad gets together spend time praying for the salvation of these folks. The third person on each of your prayer lists should be a person in our congregation who has some chronic challenges in their life such as one of our shut-ins, or a person with a physical handicap, or someone bearing more than their fair share of responsibilities. Remember that as you pray God might call upon *you* to be an answer to that prayer.

**Some final thoughts on Triads:** You may initially need to spend some time getting to know one another and establishing trust. Share information and feelings about yourself. Share some important personal history. Listen carefully and uncritically. Keep things confidential. Don’t start giving advice or trying to fix one another. Just get to know one another. After the trust and openness has been established then put on your seatbelts! God is going to take you deeper in relationship with him and with one another than you ever thought possible.